

Name: \_\_\_\_\_

## CONFIDENTIAL MEDICAL QUESTIONNAIRE

First time at DEBORAH as a patient

Greater than 3 years since last patient visit

### REASON FOR VISIT:

\_\_\_\_\_

\_\_\_\_\_

### PAST MEDICAL HISTORY

#### Operations:

Date:

- Heart Surgery \_\_\_\_\_
- Lung Surgery \_\_\_\_\_
- Vascular Surgery \_\_\_\_\_
- Pacemaker \_\_\_\_\_
- Nose or Throat Surgery \_\_\_\_\_
- Tonsillectomy \_\_\_\_\_
- Other \_\_\_\_\_

#### Have you had any of the following tests?:

(Date of test)

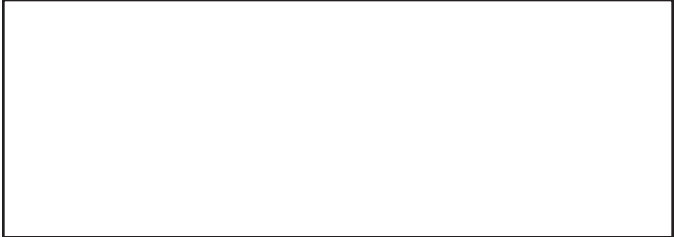
- Echocardiogram \_\_\_\_\_
- Cardiac Catheterization \_\_\_\_\_
- Holter Monitor \_\_\_\_\_
- Exercise Test \_\_\_\_\_
- Nuclear Stress \_\_\_\_\_
- Electrophysiology Study \_\_\_\_\_
- Arterial Doppler \_\_\_\_\_  
*(carotids, abdomen, lower extremities)*
- Pulmonary Function Testing \_\_\_\_\_
- CT Scans \_\_\_\_\_
- MRIs \_\_\_\_\_
- Chest X-rays \_\_\_\_\_
- Sleep Tests \_\_\_\_\_

#### Medical Illness

No

Yes (date)

- |                             |                          |                                |
|-----------------------------|--------------------------|--------------------------------|
| Heart Attack                | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Heart Failure               | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| High Blood Pressure         | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| High Cholesterol            | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Diabetes                    | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Sleep Apnea                 | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Asthma                      | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Pneumonia                   | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Chronic Bronchitis          | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Tuberculosis                | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Cancer or Tumor             | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Thyroid Problems            | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Kidney Disease              | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Anemia                      | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| AIDS                        | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Positive HIV Test           | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Blood Disorder              | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Seizures                    | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Concussions (head Injury)   | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Aortic Aneurysm             | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Carotid Disease             | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Deep Vein Thrombosis        | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Peripheral Vascular Disease | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Stroke/TIA                  | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Varicose Veins              | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Lymphedema                  | <input type="checkbox"/> | <input type="checkbox"/> _____ |
| Other                       | <input type="checkbox"/> | <input type="checkbox"/> _____ |



## FAMILY HISTORY

Please give the following information about the health of your immediate family:

RELATION	Age if alive	Age at death	State of health or cause of death	RELATION	Age if alive	Age at death	State of health or cause of death
Mother				Spouse			
Father				Daughter(s)			
Sister(s)							
				Son(s)			
Brother(s)							

## SOCIAL HISTORY

**DO YOU SMOKE?**  No  Yes

How many per day \_\_\_\_\_ For how many years \_\_\_\_\_

What do you smoke?  Cigarettes  Pipe  Cigars

When did you quit smoking? \_\_\_\_\_ years ago.

Any recreational drug use? \_\_\_\_\_

### PETS

Do you have pets at home?  No  Yes

Dog  Cat  Bird Other \_\_\_\_\_

### ALCOHOL/CAFFEINE

Estimate the amount of alcohol you drink regularly: \_\_\_\_\_  
\_\_\_\_\_ \*drinks per day \_\_\_\_\_ drinks per week

\*one drink = 1 can beer, 4 oz. wine, or 1 oz. hard liquor

Did you formerly drink alcohol but have permanently stopped?

No  Yes

Estimate the amount of caffeinated beverages (coffee, tea, cola) you drink per day \_\_\_\_\_ glasses, cups or cans.

### OCCUPATIONAL HISTORY

List your past occupations, giving dates:

Occupation	From	To
_____	_____	_____
_____	_____	_____
_____	_____	_____

## GENERAL HEALTH AND HABITS

### NUTRITIONAL ASSESSMENT:

Your weight: 10 years ago \_\_\_\_\_ 5 years ago \_\_\_\_\_ now \_\_\_\_\_

Your appetite:  Excellent  Good  Fair  Poor

### SLEEP ASSESSMENT:

- No Problem  Difficulty Falling Asleep  
 Insomnia  Awakens During Night  
 Sleepwalks  Early Morning Awakening  
 Excessive Sleepiness  Excessive Snoring

Trigger: \_\_\_\_\_

### EXERCISE ASSESSMENT:

Do you exercise regularly?  No  Yes

How long have you exercised on a regular basis? \_\_\_\_\_ yrs.

Type of exercise(s): \_\_\_\_\_

How often? \_\_\_\_\_ days/week \_\_\_\_\_ minutes each time.

### IMMUNIZATION HISTORY

	NO	YES (date)
Flu	<input type="checkbox"/>	<input type="checkbox"/> _____
Pneumonia	<input type="checkbox"/>	<input type="checkbox"/> _____
Hepatitis	<input type="checkbox"/>	<input type="checkbox"/> _____

# PATIENT REVIEW OF SYSTEMS

Have you had any of the following recently:

CONSTITUTIONAL	NO	YES (date of onset)
Fatigue	<input type="checkbox"/>	<input type="checkbox"/> _____
Frequent Falls	<input type="checkbox"/>	<input type="checkbox"/> _____
Poor Appetite	<input type="checkbox"/>	<input type="checkbox"/> _____
Weakness	<input type="checkbox"/>	<input type="checkbox"/> _____
Weight Gain	<input type="checkbox"/>	<input type="checkbox"/> _____
Weight Loss	<input type="checkbox"/>	<input type="checkbox"/> _____

EYES	NO	YES (date of onset)
Change in Vision	<input type="checkbox"/>	<input type="checkbox"/> _____
Loss in Vision	<input type="checkbox"/>	<input type="checkbox"/> _____
Irritation	<input type="checkbox"/>	<input type="checkbox"/> _____
Dryness	<input type="checkbox"/>	<input type="checkbox"/> _____

CARDIOVASCULAR (CIRCULATORY)	NO	YES (date of onset)
Chest Pain	<input type="checkbox"/>	<input type="checkbox"/> _____
at Rest	<input type="checkbox"/>	<input type="checkbox"/> _____
with Activity	<input type="checkbox"/>	<input type="checkbox"/> _____
Chest Discomfort	<input type="checkbox"/>	<input type="checkbox"/> _____
Radiating Jaw, Neck or Arm Pain	<input type="checkbox"/>	<input type="checkbox"/> _____
Trouble Breathing when Lying Flat	<input type="checkbox"/>	<input type="checkbox"/> _____
Swelling in the Lower Extremities	<input type="checkbox"/>	<input type="checkbox"/> _____
Lightheadedness	<input type="checkbox"/>	<input type="checkbox"/> _____
Fainting Spells	<input type="checkbox"/>	<input type="checkbox"/> _____
Palpitations	<input type="checkbox"/>	<input type="checkbox"/> _____
Rapid (racing) of the Heart	<input type="checkbox"/>	<input type="checkbox"/> _____
Passing Out	<input type="checkbox"/>	<input type="checkbox"/> _____

GASTROINTESTINAL	NO	YES (date of onset)
Abdominal Pain	<input type="checkbox"/>	<input type="checkbox"/> _____
Bloating	<input type="checkbox"/>	<input type="checkbox"/> _____
Heartburn	<input type="checkbox"/>	<input type="checkbox"/> _____
Vomiting	<input type="checkbox"/>	<input type="checkbox"/> _____
Change in Your Stools	<input type="checkbox"/>	<input type="checkbox"/> _____
Black or Tarry Stools	<input type="checkbox"/>	<input type="checkbox"/> _____
Blood in Stools	<input type="checkbox"/>	<input type="checkbox"/> _____
Loss of Appetite	<input type="checkbox"/>	<input type="checkbox"/> _____

MUSCULOSKELETAL	NO	YES (date of onset)
Abnormal Walking	<input type="checkbox"/>	<input type="checkbox"/> _____
Joint Pain	<input type="checkbox"/>	<input type="checkbox"/> _____
Joint Swelling	<input type="checkbox"/>	<input type="checkbox"/> _____
Back Pain	<input type="checkbox"/>	<input type="checkbox"/> _____
Deformity	<input type="checkbox"/>	<input type="checkbox"/> _____
Muscle Weakness	<input type="checkbox"/>	<input type="checkbox"/> _____
Muscle Cramps	<input type="checkbox"/>	<input type="checkbox"/> _____
Numbness	<input type="checkbox"/>	<input type="checkbox"/> _____
Tingling	<input type="checkbox"/>	<input type="checkbox"/> _____

ENT (Ears, Nose, Throat)	NO	YES (date of onset)
Abnormal Hearing	<input type="checkbox"/>	<input type="checkbox"/> _____
Poor Balance	<input type="checkbox"/>	<input type="checkbox"/> _____
Dizziness	<input type="checkbox"/>	<input type="checkbox"/> _____
Ear Pain	<input type="checkbox"/>	<input type="checkbox"/> _____
Ringing in the Ears	<input type="checkbox"/>	<input type="checkbox"/> _____
Headaches	<input type="checkbox"/>	<input type="checkbox"/> _____
Nasal Congestion	<input type="checkbox"/>	<input type="checkbox"/> _____
Neck Pain	<input type="checkbox"/>	<input type="checkbox"/> _____
Difficulty Swallowing	<input type="checkbox"/>	<input type="checkbox"/> _____
Sore Throat	<input type="checkbox"/>	<input type="checkbox"/> _____
Dry Mouth	<input type="checkbox"/>	<input type="checkbox"/> _____
Dripping in Back of Mouth	<input type="checkbox"/>	<input type="checkbox"/> _____

RESPIRATORY	NO	YES (date of onset)
Chest Congestion	<input type="checkbox"/>	<input type="checkbox"/> _____
Cough	<input type="checkbox"/>	<input type="checkbox"/> _____
Shortness of Breath	<input type="checkbox"/>	<input type="checkbox"/> _____
At Rest	<input type="checkbox"/>	<input type="checkbox"/> _____
With Exertion	<input type="checkbox"/>	<input type="checkbox"/> _____
During Sleep	<input type="checkbox"/>	<input type="checkbox"/> _____
Wheezing	<input type="checkbox"/>	<input type="checkbox"/> _____
Pleurisy	<input type="checkbox"/>	<input type="checkbox"/> _____
Emphysema	<input type="checkbox"/>	<input type="checkbox"/> _____
Excessive Phlegm Production	<input type="checkbox"/>	<input type="checkbox"/> _____
Exposure to Dust	<input type="checkbox"/>	<input type="checkbox"/> _____
Chemicals	<input type="checkbox"/>	<input type="checkbox"/> _____
Fumes	<input type="checkbox"/>	<input type="checkbox"/> _____
Asbestos	<input type="checkbox"/>	<input type="checkbox"/> _____
Snoring	<input type="checkbox"/>	<input type="checkbox"/> _____
Gasping During Sleep	<input type="checkbox"/>	<input type="checkbox"/> _____

GENITOURINARY	NO	YES (date of onset)
Difficulty Urinating	<input type="checkbox"/>	<input type="checkbox"/> _____
Painful Urination	<input type="checkbox"/>	<input type="checkbox"/> _____
Blood in Urine	<input type="checkbox"/>	<input type="checkbox"/> _____
Urinary Incontinence	<input type="checkbox"/>	<input type="checkbox"/> _____
Prostate Issues (Males)	<input type="checkbox"/>	<input type="checkbox"/> _____
Bathroom Trips During Sleep	<input type="checkbox"/>	<input type="checkbox"/> _____

SKIN	NO	YES (date of onset)
Rash	<input type="checkbox"/>	<input type="checkbox"/> _____
Jaundice	<input type="checkbox"/>	<input type="checkbox"/> _____
Lesions	<input type="checkbox"/>	<input type="checkbox"/> _____
Unusual Bruising	<input type="checkbox"/>	<input type="checkbox"/> _____
Changes in Hair	<input type="checkbox"/>	<input type="checkbox"/> _____

**PATIENT REVIEW OF SYSTEMS** *(continued...)*

<b>NEUROLOGIC</b>	<b>NO</b>	<b>YES</b> (date of onset)
Behavioral Changes	<input type="checkbox"/>	<input type="checkbox"/> _____
Confusion	<input type="checkbox"/>	<input type="checkbox"/> _____
Frequent Falls	<input type="checkbox"/>	<input type="checkbox"/> _____
Dizziness	<input type="checkbox"/>	<input type="checkbox"/> _____
Memory Loss	<input type="checkbox"/>	<input type="checkbox"/> _____
Weakness	<input type="checkbox"/>	<input type="checkbox"/> _____
Vertigo	<input type="checkbox"/>	<input type="checkbox"/> _____
Fainting	<input type="checkbox"/>	<input type="checkbox"/> _____
Restless Feeling in Legs	<input type="checkbox"/>	<input type="checkbox"/> _____
Burning/Tingling/Numbness in Legs	<input type="checkbox"/>	<input type="checkbox"/> _____

<b>HEMATOLOGIC</b>	<b>NO</b>	<b>YES</b> (date of onset)
Easy Bleeding	<input type="checkbox"/>	<input type="checkbox"/> _____
Easy Bruising	<input type="checkbox"/>	<input type="checkbox"/> _____
Enlarged Lymph Nodes	<input type="checkbox"/>	<input type="checkbox"/> _____

**OBSTETRIC & GYNECOLOGICAL**

Menstruating:

When was your last period? \_\_\_\_\_

The one before? \_\_\_\_\_

Regularity?  No  Yes

Menopause:

When was your last period? \_\_\_\_\_



<b>PSYCHIATRIC</b>	<b>NO</b>	<b>YES</b> (date of onset)
Anxiety	<input type="checkbox"/>	<input type="checkbox"/> _____
Depression	<input type="checkbox"/>	<input type="checkbox"/> _____
Irritability	<input type="checkbox"/>	<input type="checkbox"/> _____
Mood Swings	<input type="checkbox"/>	<input type="checkbox"/> _____
Panic attacks	<input type="checkbox"/>	<input type="checkbox"/> _____
Trouble Concentrating	<input type="checkbox"/>	<input type="checkbox"/> _____

<b>ENDOCRINE</b>	<b>NO</b>	<b>YES</b> (date of onset)
Increased Thirst	<input type="checkbox"/>	<input type="checkbox"/> _____
Increased Hunger	<input type="checkbox"/>	<input type="checkbox"/> _____
Increased Urination	<input type="checkbox"/>	<input type="checkbox"/> _____
Rapid, Pounding, or Irregular Heartbeat	<input type="checkbox"/>	<input type="checkbox"/> _____
Flushing	<input type="checkbox"/>	<input type="checkbox"/> _____
Cold Intolerance	<input type="checkbox"/>	<input type="checkbox"/> _____
Hot Flashes	<input type="checkbox"/>	<input type="checkbox"/> _____

<b>ALLERGY/IMMUNOLOGY</b>	<b>NO</b>	<b>YES</b> (date of onset)
Seasonal Allergies	<input type="checkbox"/>	<input type="checkbox"/> _____
Itchy Eyes	<input type="checkbox"/>	<input type="checkbox"/> _____

**Please bring the name and phone number of the pharmacy you use; and a list of medications (names and dose) and how you are taking them.**

\_\_\_\_\_  
*Patient signature*

**Notes:**

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